



Safe Hands Afterschool Club

Infection Prevention and Control Policy



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1. Policy Statement

Safe Hands Afterschool Club is committed to protecting children, staff, visitors and families from communicable diseases and infection. Infection prevention and control is essential in ensuring that children's health and well-being is promoted, in line with the **EYFS statutory framework 2025**, safeguarding and welfare requirements. The provider will take all reasonably practicable steps to prevent the spread of infection and ensure that appropriate actions are taken when children or adults are unwell.

2. Legal & Statutory Framework

This policy takes account of:

- **Early Years Foundation Stage (EYFS) statutory framework 2025** – safeguarding and welfare requirements to promote good health and prevent infection.
 - **Health Protection in Schools and Other Childcare Facilities guidance** – practical measures for childcare settings.
 - Department for Education and **UK Health Security guidance** on hygiene, exclusion and management of infectious diseases.
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3. Responsibilities

Management will:

- Ensure this policy is implemented and monitored.
- Keep staff up to date with current health protection guidance.
- Provide necessary resources (cleaning materials, handwashing facilities, PPE where relevant).

Staff will:

- Follow infection control procedures consistently.
- Promote good hygiene practices with children.
- Report concerns to management.



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Parents/carers will:

- Inform the setting if their child is unwell or has an infectious disease.
 - Follow exclusion guidance and return procedures.
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4. Infection Prevention Measures

4.1 Hand Hygiene

- Children and staff must wash hands with soap and water or hand sanitiser:
 - Before and after eating.
 - After using the toilet or assisting a child.
 - After coughing/sneezing or contact with bodily fluids.
 - After outdoor play and sensory play (e.g., water, sand).
 - On arrival and departure during infection and viral outbreaks.
- Staff support children with correct handwashing technique appropriate to age.

4.2 Respiratory Hygiene

- Encourage “catch it, bin it, kill it” approach for coughs/sneezes.
- Tissues are available and disposed of immediately.
- Staff model good respiratory hygiene practices.

4.3 Cleaning and Disinfection

- High-touch surfaces (door handles, tables, toilets) cleaned daily and more frequently during outbreaks.
 - Toys and equipment are cleaned regularly.
 - Materials that cannot be easily cleaned are avoided or removed.
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5. Management of Illness

5.1 Exclusion of Sick Children or Adults

- Children or adults who are ill with infectious diseases must not attend/enter the setting and should follow current exclusion guidance based on government and UK Health Security recommendations.
- Immediate exclusion and collection is required if a child becomes unwell with fever, uncontrolled coughing, diarrhoea, or vomiting.
- Return to setting should follow recommended periods (e.g., 48 hours free of diarrhoea/vomiting before return).



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5.2 Outbreak Management

- Management will follow local health protection team and guidance during outbreaks.
 - Notify local health protection team if required.
 - Increase cleaning and review practices as needed.
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6. Personal Protective Equipment (PPE)

- Staff wear disposable gloves and aprons when dealing with bodily fluids and administering first aid.
 - Replace PPE after one use and dispose of safely.
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8. Food Preparation & Eating Arrangements

- Staff involved in food preparation follow safe food hygiene standards.
 - Children are supervised at all times during eating activities.
 - EYFS safer eating guidance and allergy management procedures are followed.
 - All Safe Hands staff are trained in **Level 2 Food Hygiene**.
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9. Communication with Parents/Carers

- Parents receive relevant sections of this policy.
 - Parents must report illnesses and follow advice on exclusion and return.
 - Updates about outbreaks or policy changes communicated promptly.
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10. Training & Record Keeping

- Staff receive training on infection control, hand hygiene, cleaning practices, exclusion guidance, and safer eating procedures.
 - Records maintained for incidents of infection, cleaning schedules, exclusions, immunisation checks, and training sessions.
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11. Monitoring and Review

- Reviewed annually or sooner if statutory guidance changes.
- Management will monitor implementation and effectiveness of infection control procedures regularly.



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13. Related Policies

- Safeguarding & Child Protection Policy
- Health & Safety Policy